



# Kitchen Information Sheet

Prevention is the key to kitchen safety. Follow the safety tips listed below to protect yourself and others who you live with:

## Kitchen Safety:

1. Never leave cooking unattended. If you must leave the kitchen, turn off the appliance.
2. Always keep a large lid near the stove when you are cooking and if the pot catches fire, slide the lid over the pot and turn off the stove.
3. Unplug kettles, frying pans and other appliances when not in use.
4. Always wear short or tight fitting sleeves while cooking.
5. Never attempt to carry a burning pot or pan.
6. Never use water on a grease fire. Use a portable fire extinguisher. Look at the provided fire extinguisher now to learn how to use the extinguisher, so that if needed, you are prepared.

**There is a portable fire extinguisher located in every MainCline Residence kitchen. The location is under the kitchen sink in the cupboard, mounted to the back of the cupboard door.**

## Kitchen Cleanliness:

1. If you spill it – Clean it up
2. The following need to be kept clean: Fridge, Stove, Microwave  
Floors  
Tables and counter tops  
Dishes need to be washed regularly.